

**H
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2016/ 2017

**DANCING,
WINE
TASTING,
KEEPING
FIT,
REPEAT...**

**at HALLAM
COMMUNITY
CENTRE**

**C
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N**

HCYA Registered Charity 523702

www.hcya.org.uk

Timetable

SUNDAY

10.00 start. Rambling (9 miles plus) Monthly off site

MONDAY

09.45 - 10.45 On Broadway!
13.30 - 14.30 Legs Bums and Tums
15.45 - 19.45 The Heights Ballet and Theatre School
for Gym, Fun & Fitness
19.45 - 21.45 Hallam Choral Society

TUESDAY

09:00 -10:20 Pilates Class
10:30 - 11:30 Pilates Class
13.00 - 20:00 The Heights Ballet and Theatre School
20.00 - 21.30 Yoga
19.45 - 21.15 Badminton Tapton Sports Hall

WEDNESDAY

15.45 - 21.00 The Heights Ballet and Theatre School
19.00 - 22.30 Bridge
14.00 - 15.00 Salsacize
20.00 - 21.00 T'ai Chi

THURSDAY

09.20 - 10.20 Pilates Term time only
10.30 -12.00 Young at Heart Yoga
10.30 start Walkie Talkies (3-5 miles) Fortnightly off site
10.30 start Walkie Talkies (7 miles plus) Fortnightly off site
15.45 -19.30 The Heights Ballet and Theatre School
19.30 - 21.30 Hallam Art Group
20.00 - 22.00 Hallam Wine Guild Fortnightly
20.00 - 21.30 HCYA Executive Committees Monthly

FRIDAY

16:30 - 20:00 The Heights Ballet and Theatre School
19.00 - 21.30 Indoor Bowling Not Summer Term
19:45 - 22.00 Westside Wine Club Monthly

SATURDAY

09.00 - 16.30 The Heights Ballet and Theatre School

*Please note that times are correct at the time of going to print in July 2016.
For any changes please contact the Activity / Section Leader or website*

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Chairmans

Welcome

We are now into the final year of disruption near the **Community Hall** caused by School building works. We can expect demolition of the old infant school buildings to begin sometime before Christmas impacting on car parking outside the Hall as lorries full of rubble drive across the carpark on their way up to the temporary access road and their destination at the lay by on Redmires Road. Parking by our members, during normal Section activities, and by parents of children attending the Heights classes, should be relatively unaffected during evenings and weekends.

Inside the Hall we have **big plans**! Ideas for moving and extending the kitchen are nearing completion and construction work to give us our bigger, better kitchen will begin as early as possible. After the kitchen is completed, we will be looking to upgrade the toilets and entrance foyer. I want to thank all members of the subcommittee who have worked hard discussing ideas, producing plans and getting estimates since last September. Another suggestion has been to convert a small storage room, near the bar, into a “kitchenette” so that people using the main hall can make themselves **refreshments**.

About sixteen years ago HCYA raised money and renovated the children’s playground at **Spider Park** off Crimicar Lane. This was for the benefit of everybody, regardless of whether they were HCYA members. This year we will need to renew the lease for Spider Park with Sheffield Council. Perhaps it is time to see whether there are any other local projects, benefiting the community as a whole, which HCYA could take on board. Are there, for example, any areas of common land requiring a “make-over”? Please let us know if you have any suggestions for community improvement that HCYA could consider! email publicity@hcyar.org.uk

Sam Saunders
Chair of HCYA



Contacts

C o n t a c t s

Executive Committee and Council Members

Honorary President and Trustee	Graham Blincow	0114 2304108
Chairman, Trustee and Fête	Sam Saunders	0114 2630662
Vice Chairman	Tracy Kent	0114 4494844
Hall Manager and Trustee	Alan Bone	0114 2306351
Secretary	Gillian Riley	0114 2305148
Trustee and Treasurer	Andrew Coomer	0114 2307302
Membership Secretary	Patrick Riley	0114 2305148
Membership and Fete	Sophie Kelly	07855215731
Minutes Secretary	Nicola Brown	0114 2304118
Trustee	Peter Curtis	0114 230168
St Luke's Representative and Fête	John Clapham	0114 2304739
Publicity Officer, Citizen and Fete	Tracy Kent	0114 4494844
Hall Bookings Secretary and website	Helen Curtis	07779100314

Section Reps

Art Group	Rosie Gregory	0114 2304975
Badminton	Andrew Coomer	0114 2307302
Bridge	Peter Pond	0114 2660941
Gardening	Trish Hill	0114 2305872
Indoor Bowling	Stuart and Wendy Wilson	0114 4383127
Pilates	Hilary Shenton	01142306421
Rambling	Carol Hove	0114 2630184
Salsacize & Keep Fit	Natasha Holland	0797 0266005
Tai Chi	Gillian Riley	0114 2305148
Walkie Talkies	Karen Cocker	0114 2302931
Walkie Talkies	Pat Wilkins	0114 2304416
Wine Guild	Brian Bailey	by email
Westside Wine Club	John Knight	01142302297
Yoga	Pam Mathieson	0114 2682709
Yoga	Chris Wilkinson	0114 2366319
Yoga	Claire Finka	07775584364

It's Your **HCYA**

Section Reps—there for you!

The overall management of HCYA is the job of the Council which usually meets on the first Thursday of every month. The Council is made up of Honorary Officers of the association (Chair, Treasurer and Secretary) elected at the AGM. The Honorary Officers are known as the Executive and their job is to ensure the general day to day smooth running of the Association.

Each HCYA section has a representative who attends the monthly Council meeting and who help form HCYA policy and future direction. Section Representative have a vital role to play in this and are the interface between their section and the Council. They bring Section concerns and problems to the Council for discussion and report back to their sections on decisions and matters that may be of concern to their members. The role section reps is vital for democratic decision making and effective operation of the Association.

We current have a vacancy for a Minutes secretary to take very brief minutes and circulate prior to the next meeting. If you think you might enjoy this job please get in touch by emailing

Publicity@hcya.org.uk

Activities for all ages
at St Luke's Church, Blackbrook Rd.
For more info, visit our website
www.slclm.org

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WELCOME!

ST LUKE'S CHURCH
Lodge Moor

MAY 12

10.00am Women's Coffee'n'Chat
2.00pm St Luke's Women's Fellowship

A very warm welcome to St Luke's.

I'M



St Luke's is a local Ecumenical Partnership between Anglican, Baptist, Methodist and United Reformed Churches in Lodge Moor. Registered Charity No 1136795

H C Y A S E C T I O N

Mondays

Legs, Bums and Tums

Weekly Monday

This is keep fit class for ladies and it caters for all abilities, so why not come along and tone up?

No previous exercise training is necessary.

Please contact Tasha Holland for further details -
tel: 0797 0266005

Children's Gym, Fun, Fitness and Cheerleading

Weekly Monday

3:45pm to 4:30pm - Gym, Fun & Fitness (Rec - Y1)

4:30pm to 5:15pm - Gym, Fun & Fitness (Y2 - Y3)

5:15pm to 6:00pm - Cheer Leading (Y3 - Y4)

6:00pm to 6:45pm - Gym, Fun & Fitness (Y4 - Y6)

6:45pm to 7:30pm - Cheer Leading (Y5 - Y6)

New exciting classes including kid's fitness to music, kid's fitness play & games. Hallam Cheer Leaders classes. Everyone is welcome, come along and give it a try. Please email Caroline on heights4dance@yahoo.co.uk

**by The Heights Ballet and
Theatre school**

Hello from Hallam Primary School



It gives me great pleasure to write the first article from Hallam Primary School for the Citizen. I have been in post since September 2015 and it has been a real whirlwind of a year as I have got to know our staff, children, families and members of the Hallam community. I have to say that I have been amazed by the warm welcome I have received and would like to thank everyone for their kindness and support. This is a really exciting time for our school. We have a new building that we are ready to move into and a number of new children and staff ready to start in September. The building work has been a long process however the final product is brilliant and we are all looking forward to moving in. The contractors will move on to the second phase of the expansion in September which involves the demolition of the old infant building and the installation of a Multi-Use Games Court for the children to use. This is due for completion in February 2017. I look forward to providing further updates in the future.

Chris Stewart

July 2016

Come and join in the fun New Year's Eve Family Party 2017

**Saturday
31 December 2016
7.30pm – 12.30am.**



**All welcome
Hot Buffet, Licenced Bar, Disco, Bouncy Castle.
Adults £15, Children £5, Under 3 Free.
(Tickets via Helen on 07779100314)
At Hallam Community Centre.**

P r i v a t e C l a s s

Mondays

On Broadway

Weekly Monday

Love to Dance? Want to Have Fun? Do something you enjoy doing as a way of keeping fit, meet new people & have some quality you time! We believe every woman deserves to feel confident, allow time for themselves and find something they love to do in order to get fit! Our team of passionate, experienced instructors use top hats, feather boas,



canes and songs from all the popular Broadway shows, in local community venues that offer safe, non-judgemental classes for women of all ages, shapes, sizes and those with two left feet. Learn how to reveal your inner show girl and dance like no one is watching!

GUARANTEED FUN & FITNESS!

To book your FREE taster class please contact Katy at info@katyrobinsonfitnessfusion.co.uk or call 07803906114 or visit www.katyrobinsonfitnessfusion.co.uk

Hallam Choral Society

Weekly Monday

Hallam Choral Society is an established choir striving towards excellence in performance. Our membership is diverse and singers come from across the city and beyond to perform. We aim to sing around four public concerts a year with an eclectic mix of music: a mixture of sacred music, lighter music in the summer and both traditional carols and other festive music at Christmas.

Performances are accompanied by piano, organ or orchestra to suit the work being performed, and where soloists are needed the society strives to employ professionals of the highest standard. In 2015 we appointed a new Musical Director, Elspeth Slorach, a young graduate from the University of Manchester and her immense talent is taking us even further forward in our musical journey.



We welcome new members, particularly young singers in line with our Young Singers' Policy. Please contact Janet Woodcock (Secretary) for further details: 0114 2350969

Registered Charity 1141291

H C Y A S E C T I O N

Tuesdays

Pilates Weekly Tuesday and Thursday



Do you suffer from back pain, hip pain, knee, shoulder or neck pain, with gentle controlled clinical pilates I can help you reduce your symptoms whilst improving your posture and increasing your core strength.

Classes run on Tuesdays 9.20 & 10.30 with Tracey & Thursdays 9.20 with Louise, term time only and bookings are taken for the half term.

Ring Tracey Wilson for more info and to book call
07759274165 or e-mail
TJWPilates@gmail.com

Shoulders down core engaged
Tracey & Louise x



Badminton

Weekly Tuesday

Badminton is played on Tuesday evenings in Tapton School Sports Hall. We have the use of three courts and emphasis is on friendly games with a competitive edge. All abilities are welcome. Come along for a free session if you are interested.

We play on most Tuesdays with a summer break.

Please contact Andrew Coomer for further details

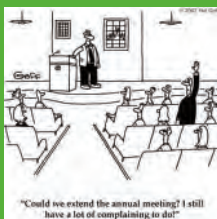


Join us at the

HCYA

Annual General Meeting

find out what we have been up to!
Get **your Questions** answered
Thursday 10th November 2016
@8pm



*All members are invited to attend
Hallam Community Centre*



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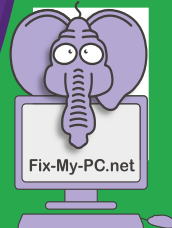
Call now

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Community Hall

If you are looking for a local venue and want to support a local charity, then look no further. The Hallam Community Centre can cater for weddings, Birthday parties, social events and funeral wakes to name a few.

The main hall can accommodate 120 guests seated.

There is also a smaller hall included in the hire which is mainly used for serving

buffets and as a quiet area during evenings. This hall can be hired separately if you have a smaller requirement.



When hiring either hall there is a fully fitted kitchen included in the rate.



Outside Patio Area

There is an outside patio area which can be used during the summer months.

Hall Hire Costs

Saturday All-day	9.00am – 12.00pm	£300
Saturday Part-day	9.00am – 5.00pm	£170
Saturday Part-day	1.30pm – 12.00pm	£220
Saturday Evening	5.30pm – 12.00pm	£160
All Other Days	Hourly Rate	£ 22

Bar hire is £70 see ** below and Table Cloths £15
(**There is a £10 reduction on Bar Hire for HCYA members.)

NB: minimum rental period is 3hrs

All bookings need a deposit of £35 cash or cheque.
Your deposit is non-returnable if the booking
is subsequently cancelled.

Please note that during term time
Saturday bookings are only
available for the evening.

For more information or to make a booking
please contact

Helen Curtis, Hall Bookings Secretary.
Email: Bookings@hcy.org.uk
Tel: 07779100314



**Look out for the new refurbishments of the
Community Hall coming soon!**

H C Y A S E C T I O N

Tuesdays

Yoga

Weekly Tuesday

Yoga is a way of developing awareness of our bodies, how we use them and how we might be abusing them. Our aim is to have a healthy body and a relaxed mind and free ourselves from the unwanted stresses and tensions of everyday life. We do this by improving breathing techniques and gentle stretching exercises, followed by postures (asanas) and finish with a short period of relaxation. Our mixed classes meet in the Community Hall on Tuesdays from 8 – 9.30pm (cost per session £4).



Wear loose clothing, such as leggings and a t-shirt and bring a yoga mat or exercise mat, along with a blanket for knee support and warmth in relaxation. All ages and mixed abilities are welcome. New members are advised to contact Pam or Christine beforehand in case the class is full.

Both Pam and Christine are fully qualified British Wheel of Yoga teachers with many years experience.



For further details please contact:

Christine Wilkinson
Tel: 0114 236 6319
Pam Mathieson
tel: 0114 268 2709

Heights Zumba Class

Weekly Tuesday

Zumba sessions are 45 minutes long and are taught by our licensed instructor (Zumba Fitness). The exercises include music with fast and slow rhythms, as well as resistance training. The music comes from many Latin American dance styles. The classes are targeted at different levels for both age and exertion. Because Zumba offers different options it is safe for all ages.

Heights Ballet School on 07714 025122 or
email at heights4dance@yahoo.co.uk

Wednesdays

Bridge

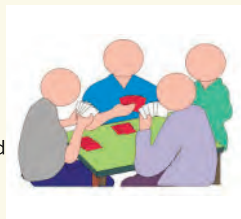
Weekly Wednesdays

We'd love to see you on a Wednesday evening. Be bold. Don't say to yourself "I don't think I'll be good enough". We can accommodate you and don't demand that you be an expert. More important that you want to have fun. We don't stand on ceremony. We are a friendly bunch. You don't even need a partner, we would provide one, should you come alone. So, please just come along.

We meet each Wednesday evening and settle down to play from 7:25pm until around 1030pm by which time we shall have played some 24 or 25 exciting hands of duplicate Bridge. . We charge everyone £1.50 "table" money each evening to cover our outgoings (these include tea, coffee and biscuits).

To learn more ring me now. If I am out pplaying bridge then leave me a message.

Please contact Peter Pond for further details on 0114 2660941

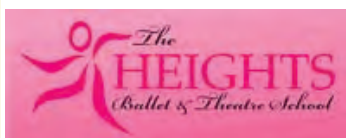


The Heights Ballet and Theatre School

Weekly Wednesday

Ballet & Theatre School. Ballet, tap modern, theatre, street dance and contemporary.

Further details please contact Caroline at Heights Ballet School on 07714 025122 or email at heights4dance@yahoo.co.uk



COME AND JOIN US FOR



Creative **fun** on a Bible theme for **all** the family.

4.00-5.30pm on the 2nd Sunday of the month

10th July

11th September

9th October

13th November

11th December

CHURCH... BUT DIFFERENT



St Luke's is a Local Ecumenical Partnership between the Anglican,
Baptist, Methodist and United Reformed Churches in Lodge Moor.
Registered Charity No. 1136795



Wednesdays

Salsacize

Weekly Wednesday

This is an exercise suitable for all ages and fitness levels. It is a combination of basic salsa movements and exercises and aerobic workout to salsa music creating a fun and fat burning energising class.

Come along and join us on Wednesdays from 2.00pm to 3.00pm. No previous dance or exercise training is necessary.



**Please contact Tasha Holland for further details -
tel: 0797 0266005**

T'ai Chi

Weekly Wednesday

T'ai Chi is a gentle form of exercise suitable for all ages and levels of fitness. Its slow, controlled movements help to exercise all parts of the body, promoting mental and physical health and relieving stress. We concentrate on practicing the movements of the T'ai Chi form, breathing and stretching exercises.



No previous knowledge of T'ai Chi is necessary. Please wear light clothing and footwear.

Further details please contact
Gill Riley on 0114 2305148

Thursdays

The Walkie Talkies

Weekly Thursday

We walk every Thursday morning alternating between shorter (between 3 and 5 miles) and longer walks (between 6 and 8 miles). These can be longer during the summer months when we have the opportunity of travelling further afield. These longer walks offer more of a challenge but are all taken at a moderate pace. All walks are led by walking members, volunteering to lead on an occasional basis with help and support provided to those new at sourcing walks.



If you would like to try this fun and beneficial form of exercise then some suitable hiking footwear, outerwear, a packed lunch and your enthusiasm are all that are needed to take part. All walks start at 10.30am with all venues arranged in advance. An optional visit to the local hostelry afterwards helps to restore our drained energy reserves.



For further details please contact:

Karen Cocker

Tel: 0114 2302931

Email thecockers@btinternet.com

Pat Wilkins

Tel: 0114 2304416

Walkie Talkies Secretary

Email: pat.wilkins26@hotmail.co.uk

www.hcYa.org.uk/walkie-talkies



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travelling. No
appointment
required".*

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Adult Dance Classes



Wednesday

Tap: 8.15 – 9.00pm

Ballet: 9.00 – 9.45pm

Venue:

Scout Hut, Benty Lane, S10 5NF

A chance to enjoy dance and meet new friends
with the benefits of toning, strengthening and
keeping fit. Experience not required.

TEL: 07714025122

EMAIL: heights4dance@yahoo.co.uk

 **The
HEIGHTS**
Ballet & Theatre School

H C Y A S E C T I O N

Thursdays

Pilates Weekly Thursday and Tuesday

Do you suffer from back pain, hip pain, knee, shoulder or neck pain, with gentle controlled clinical pilates i can help you reduce your symptoms whilst improving your posture and increasing your core strength.

Classes run on Tuesdays 9.20 & 10.30 with Tracey & Thursdays 9.20 with Louise, term time only and bookings are taken for the half term.

Ring Tracey Wilson for more info and to book 07759274165 or e-mail
TJWPilates@gmail.com
Shoulders down core engaged
Tracey & Louise x

Peter Frost

*Exercise & movement coach
Let's get you moving*

*Sky Blue Life
peter@skybluelife.co.uk
www.skybluelife.co.uk
07415 646746*

Call now for a free consultation

Thursdays

Hallam Wine Guild

Fortnightly Thursday

Our fortnightly wine tasting sessions are usually held in the Community Hall, on alternate Thursdays at 8:00. Tastings are often presented by guild members and are on various topics including wines from a particular region or a particular grape variety. These are sampled with cheese and biscuits, some nibbles, or food appropriate to the wines.

We also arrange for wine suppliers to visit us so we can share their knowledge of wine. This year we have had talks from Waitrose, The Dram Shop and Starmore Boss. There are occasional themed evenings with a meal and a Summer and Autumn barbecues.

Outings are organised two or three times a year including a holiday abroad. We are a very sociable group and if you are interested in joining please give our Chairman, Brian, a call and your name can be placed on our waiting list. Unfortunately we are limited to how many members we can seat in the room and our membership is full for 2016/17



Brian Bailey (Secretary):
email: Hallamwineguild@outlook.com

Thursdays

Hallam Art Group

Weekly Thursday

Hallam Art Group is one of the larger groups within HCYA with a membership who give support to each other and to the Group as a whole, both in the day to day running and with our exhibitions. We meet to paint weekly on Thursday evenings, 7.30pm to 9.30pm in the main room of the Hallam Community Hall. We do not provide lessons at our meetings – just the space and informal atmosphere to grow in our artistic enjoyment.

During the year we have a programme of interesting and informative activities – workshops, demonstrations, life drawing, occasional portrait and still life sessions and sketching outings. We hold an excellent library of art books and DVDs, and on one evening each month we show a DVD in a separate room allowing for appreciation and discussion afterwards. Hallam Art Group is a friendly group, with help and advice readily available from our more experienced members.



Due to planned building works in 2016 our August exhibition in the Botanical Gardens and November exhibition have had to be cancelled but we hope to



be able to go ahead with our Spring 2017 exhibition in the HCYA Hall. We also have the opportunity to display members paintings in the GP surgeries at Blackbrook Road and Broomhill, Forge Dam cafe, and in the Three Merry Lads. The membership is 70 with a short waiting list and as vacancies arise

More information about the group can be found at our website and by contacting: Jo Gittins, Secretary on 0114 2665169

<https://hallamartgroup.wordpress.com>

H C Y A S E C T I O N

Thursdays

The Heights Ballet and Theatre School

Weekly Thursday

Ballet & Theatre School. Ballet, tap modern, theatre, street dance and contemporary.

Further details please contact Caroline at Heights Ballet School on 07714 025122 or email at heights4dance@yahoo.co.uk



HCYA Exec Meeting

Monthly Thursday

All representatives for each HCYA sections are appointed to serve on the HCYA Council (one rep per Section) and, along with other full members of the Association including the Honorary Officers (Chair, Treasurer, Secretary and a few other positions) provide help form the HCYA policy and future direction. Meetings commence at 8pm and usually last around 90 mins with section reps reporting back to thier members any relevant information.



Thursdays

Yoga for the young at Heart Weekly Thursday

This class is open to anyone and no experience of yoga is necessary. As long as you can get down to the floor and up again you are fit enough! The aim is to undo all the stiffness and the stresses that have accumulated in our bodies over the years and improve strength and suppleness. We start with lots of gentle warm up stretches and exercises to improve the breathing. This is followed by stronger stretches that you can do at your own level, and it's always fine to miss something out!

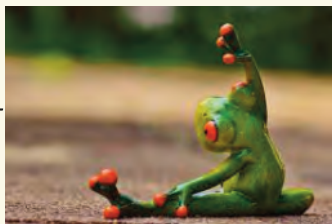
We end with a period of relaxation.

**Classes start in September and cost
£25 for a block of 5.**



I am a British Wheel teacher with 15 years experience especially of teaching older students or those with health problems. You are welcome to come to just one class to try it when I can provide a mat, otherwise students will need to bring their own. Please wear loose clothing and bring something warm to wear/or to cover yourself for the relaxation. For more information please contact Claire on 07775584364 or email at clairefinka@waitrose.com

"However I am feeling when I arrive, I leave feeling happy and energetic. Claire creates an atmosphere of gentle humour, pays each student individual attention and allows you to work at your own pace." Val



HCYA Finances

Sections use the Hall and pay a Hall Maintenance Contribution (HMC) to help offset the costs of gas, electricity, water and Hall upkeep. Individual sections organise how they raise their HMC. It costs around £25,000 per year to run the Association. This includes utility bills, insurance, ground rent, cleaning, Hall repairs, etc. Our income comes from membership subscriptions, HMC and letting the Hall (see the advert in the magazine!). There are some organisations who hire out the Hall on a regular basis such as the Heights Ballet and Theatre School.

Fridays

Indoor Bowling

Weekly Friday

This is a very social occasion. It is very much for pleasure, relaxation and fun, with the emphasis on "fun". Our sessions are held in the main hall of Hallam Community Centre.



We play throughout the winter months from mid September until approximately mid April. We have a 7.00 pm start and aim to finish around 9.30 pm, which then leaves sufficient time for those who wish to round off the evening with a visit to one of the local hostelrys.

We play on large indoor mats stretching the full length of the hall and woods of various sizes and weights are provided. Don't worry if you have never played before because that's how many of the present players started. At present the membership list is full and we have started a waiting list, and if you are interested and would like to know more then



**Please contact Stuart and Wendy Wilson
for further details**

Tel: 4383127 Mob: 07980259285

Gardening

The gardening section continues to own its collection of equipment. It costs only £10 to buy into the equipment, and £2 per year thereafter. We have a shredder, scarifier, hedgetrimmers and lawn vacuum. Some members have borrowed an item and been so impressed that they decided to buy their own version; others have avoided a costly mistake by trying equipment out and deciding it was not for them.



Please contact Trish Hill for further details - tel: 0114 2305872

Fridays

Westside Wine Club

Monthly Friday

Westside Wine Club has now been running as a section for 4 years and acts totally independently from the Thursday Wine Guild. Our meetings are held in the evening and we meet on a monthly basis on the third Friday of each month.

Our objectives are to participate in wine tastings and samplings in order to learn more about the different types of vines grown around the world and the variety of tastes that expert blending creates. We hold a varied programme of events with presentations from both professional wine experts combined with presentations from within our own members.

We are a very informal sociable group with the aim of cultivating a good fellowship amongst our Members and enjoy tasting both "affordable" wines as well as having the opportunity of sampling a selection of more expensive ones.



On a social basis we hold both a Summer and Seasonal Festive event with other outings organised during the year. Whilst membership of our section is currently full we do not have a waiting list. Guests are always very welcome so why not come along and sample wine tasting evening with us. Should you be interested please contact our Secretary or Chairman.

For further details please contact:

Chairman - Warren Cookson

Tel: 0114 2302655

E-mail: warren.cookson@yahoo.co.uk

Secretary - Peter Curtis

Tel: 0114 2301683

E-mail: peterericcurtis@gmail.com

NEW Children's

Fun, Games & Fitness to Music & Cheer Leading

MONDAYS – Hallam Community Hall

FUN, GAMES & FITNESS TO MUSIC

3.45 – 4.30pm (Rec – Y1)

4.30 – 5.15pm (Y2 – Y3)

6.00 – 6.45pm (Y4 – Y6)

CHEERLEADING

5.15 – 6.00pm (Y3 – Y4)

6.45 – 7.30pm (Y5 – Y6)

New exciting classes including kid's fitness to music & kid's fitness play & games. Also our new Hallam Cheer Leaders. Everyone is welcome, come along and give it a try

Email: hcyakidsfitness@yahoo.co.uk

Children's Halloween Party

Saturday 29th October 2016

5.30pm – 7.30pm

Come with your Witches (mums) and Goblins (dads) for an evening full of spooks! Gruesome Games, Dancing to our ghostly DJ, Best fancy dress prize and Pumpkin competition, carve the best Halloween design, etc

Children's buffet included in ticket price
children must be accompanied by an adult at all times,
2 children per adult)

Party aimed for 2 years to 12 years Children £5, Under 3 Free.

Tickets from Helen Curtis on 07779100314
bookings@hcya.org.uk



Fulwood Sports Club

Chorley Road, S10 3RL

**JOIN US AND BECOME A PART OF
SHEFFIELD'S SPORTING HISTORY**

Families, kids, adults...

Social membership available

New members welcome!

**TENNIS
SQUASH
BOWLING
SNOOKER**

LAWNVIEW CLUBHOUSE

TO JOIN OUR CLUB:

VISIT OUR WEBSITE www.fulwoodsportsclub.co.uk

OR CALL 07905 141567

OR E-MAIL info@fulwoodsportsclub.co.uk



Ballet

Modern Theatre

Tap

Contemporary

Street Dance

Musical Theatre

Jazz

Learning to dance is enjoyable as well as educational.

All of our teachers are professionally trained members of the Imperial Society of Teachers of Dance. We run a child friendly school enabling all of our pupil's from tot to teen to reach their own potential. Taught well and with care we can help our students gain confidence and poise as well as aiding the development of co-ordination, musicality and imagination.

VENUE:

Hallam Community Hall,
Hallam Grange Crescent,
S10 4BD

Please contact us for more information:

heights4dance@yahoo.co.uk



heightsdancesheffield.co.uk

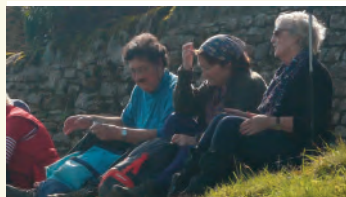
Sundays

Rambling Monthly Sunday

Why not join our friendly group of walkers? We walk once a month; always on a Sunday, and normally cover a distance of between 8 and 10 miles.

We start @ 10.00 am and finish about 4 to 6 hours later. Regular coffee and lunch stops are a feature and we have been known to visit a pub!

**Please contact Carol Hove for further details -
tel: 0114 2630184 or
email Carolhove2@gmail.com**



**EDALE
MOUNTAIN RESCUE
TEAM**

Joining HCYA

HCYA, a registered Charity, is an **unincorporated members' club** (ie a club owned and run by its members) currently with about 400 members. The great majority of these members belong to at least one of the sections in this booklet. Every application for new membership must be proposed and seconded by an adult member of HCYA. If you do not know anyone who is a member of HCYA your Section Leader can complete this part of the form or just leave these sections blank and we can help you out when you send in your completed form.

**Standard Membership Rate for 2016/17 = £20
(or £18 if paid by Direct Debit)**

Please return your completed application form without payment and we will send a direct debit form. If appropriate please complete the **Gift Aid form** which makes a significant contribution to HCYA funds. For further details contact the Section Leader for the section you would like to join, or the Membership Secretary, Patrick Riley or indeed any member of HCYA Executive or HCYA Council.

Please return your completed application form with payment to:

**Patrick Riley
c/o ProFactum Ltd
Redlands Business Centre
3/5 Tapton House Road
Sheffield S10 5BY.**

The Executive Committee has the power to accept or refuse an application for membership of HCYA. Membership cards will be passed to your Section Leader unless a SAE is enclosed with your application.



LOVE TO DANCE & HAVE FUN?

dance like no one is watching!



Do something you enjoy doing as a way of keeping fit, meet new people & have some quality you time!

- We believe every woman deserves to feel confident, allow time for themselves and find something they love to do in order to keep fit!
- Passionate, experienced instructors using top hats, feather boas & canes
- Songs from all the popular Broadway shows
- Based in local community venues
- Safe, non-judgemental classes for women of all ages, shapes, sizes and those with two left feet!
- Join in one of our free On Broadway dance/fitness classes to learn how to ***reveal your inner show girl*** and ***dance like no one is watching!***
- Previous dance experience is not essential but a love of dance is!!

Guaranteed Fun and Fitness!

"the best 'stress buster' in the world" - Carol Hunt

"you get fit without realising it because you're having so much fun! It is an hour just for me to do what I love doing" - Maxine Bilton

"I love the escapism, being able to pretend just for an hour a week that I am Roxxy in Chicago, Ariel in Footloose or Lola in Copacabana" - Nicola Clibbens

**Every Monday 9.45am - 10.45am
with FREE TASTER classes throughout the year
Hallam Community Centre, Hallam Grange Crescent, Fulwood S10**



To book your FREE place on a taster class register via the website or to find out more please contact Katy directly

info@katyrobinsonfitnessfusion.co.uk

07803 906114

www.katyrobinsonfitnessfusion.co.uk



[illegible]

Lovely cakes, crisps and sandwiches

Saturday 8th July
at

Free Admission

**Come and
Join the fun**

**Childrens
Fancy Dress parade from
Lodge Moor shops to the
Fete setting off at 1230...
Come and watch the action
along the route**

**Licensed
Bar and
PTFA Cafe**

ELR

Sat 8th July 2017
1.00pm - 4.30pm

**Circus Acts and
performing
Jugglers and
lots more**

Gift Aid Declaration

In order to Gift Aid your donation you must tick the box below:

☐

I Want to Gift Aid my donations of money made in the past 4 years and in the future to the

HALLAM COMMUNITY & YOUTH ASSOCIATION

(REG CHARITY NUMBER 523702)

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details Title _____ First name or initial(s) _____

Surname _____

Full Home Address _____

Post Code _____ Date _____

Please notify the Gift Aid secretary if you:

- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains

If you pay income tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.



Instruction to your Bank or Building Society to pay by Direct Debit



Please fill in the whole form using a ball point pen and send to:

Hallam Community & Youth Association.

C/o 62 Barncliffe Crescent, Sheffield, S10 4DD

Originator's Identification Number

8	3	8	3	1	9
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Name and full postal address of your Bank or Building Society

To the Manager _____ Bank/Building Society _____

Address _____

Postcode: _____

Name(s) of Account Holder(s)

Bank/Building Society Account Number

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Branch Sort Code

--	--	--	--	--	--

For RSM2000 Ltd re: Hall Community & Youth Assocn. (Official Use Only)

This is not part of the instruction to your Bank/Building Society

Clients Own Reference number

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Instruction to your Bank or Building Society

Please pay RSM2000 Ltd re Hallam Community & Youth Association Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee.

I understand that this instruction may remain with RSM2000 Ltd re *Hallam Community & Youth Association*. and, if so details will be passed electronically to my Bank/Building Society:

Signature(s) _____

Date: _____



Banks and Building Societies may NOT accept Direct Debit instructions for some types of account

This Guarantee should be detached and retained by the payer

The Direct Debit Guarantee



- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit, RSM 2000 Ltd re *Hallam Community & Youth Association* will notify you 10 working days in advance of your account being debited, or as otherwise agreed. If you request RSM 2000 Ltd re *Hallam Community & Youth Association* to collect a payment, confirmation of the amount and date will be given at the time of the request.
- If an error is made in the payment of your Direct Debit, by RSM 2000 Ltd re *Hallam Community & Youth Association* or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society.
 - If you receive a refund you are not entitled to, you must pay it back when RSM 2000 Ltd re *Hallam Community & Youth Association* asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be requested. Please also notify us.

HCYA Membership Application

Please complete your details below. For your convenience, you may use this application form if there are two members at the same address but please remember that each member must pay the full membership fee.

Member 1 - Full Name and Address: (PLEASE PRINT IN BLOCK LETTERS)

Mr/Mrs/Ms /other?.....

Address..... Postcode.....

Telephone..... Email.....

Section (s) I will join.....

Payment: If you are joining mid-year you may pay a proportion of the total amount for the first year according to the month in which you join. Please tick the appropriate amount and enclose a cheque payable to HCYA. The fee is, for the year ending August 31st 2017, when joining between:

Sep-Dec 2016 £20 ☐

Jan-Apr 2017 £15 ☐

May-Aug 2017 £10 ☐

Member 2 at the same address - Full Name: (PLEASE PRINT IN BLOCK LETTERS)

Mr/Mrs/Ms /other?.....

Telephone..... Email.....

Section (s) I will join.....

Payment: Please tick the appropriate amount, depending on the month in which you join, and enclose a cheque, payable to HCYA for:

Sep-Dec 2016 £20 ☐

Jan-Apr 2017£15 ☐

May-Aug 2017 £10 ☐

Full name/address of Proposer

Full name/address of Seconder:

Name

.....

Address

.....

HCYA Membership No

.....

Note – the proposer may be your section leader

If this application is for up to two people it may be convenient for you to make a single payment to cover the total for both members.

Please indicate which payment method you would prefer for future years

Direct Debit (preferred) ☐

Cheque ☐

I am prepared to Gift Aid this and future subscriptions. Please let me have a form. ☐

Gift Aid Forms available from the website at www.hcya.org.uk

Please return your completed membership application form and cheque for membership fee to your SECTION LEADER or post to: Patrick Riley (HCYA Membership Secretary), c/o ProFactum Ltd., Redlands Business Centre, 3/5 Tapton House Road, Sheffield S10 5BY